



A COMPREHENSIVE GUIDE TO YOUR CBD QUESTIONS

www.GetReliefCard.org
St. Louis, Missouri

FREQUENTLY ASKED QUESTIONS

QUICK ANSWERS

- **How much does an appointment cost?** \$50.
- **How can I schedule an appointment?** Please visit our website GetReliefCard.org.

MCC AND PHYSICIAN AUTHORIZATION

WHY SHOULD I CHOOSE MIDWEST CANNABINOID CLINICS?

MCC knows you are unique with your own distinct needs. Therefore, we have created a consultation service centered around you. When you schedule a CBD Consultation at Midwest Cannabinoid Clinics, you will meet with a professional that is knowledgeable about cannabis, pharmacology, and the intricacies of your medical condition(s). They will review with how cannabinoids can help you achieve a better sense of well-being, how they may interact with medications, and how to explore dosages and delivery systems that are specialized for you, whether you are seeking relief from chronic pain, or simply looking for a better night's sleep. We take the time to speak with you one on one to ensure the greatest chance for success. If you have questions about how cannabinoids can improve your life, or maybe you are concerned about using CBD products with your medications, ask how you can schedule a CBD Consultation today! Find peace of mind knowing you've got a support network of healthcare professionals, ready to help every step of the way.

WHAT WILL TAKE PLACE AT MY CBD CONSULTATION VISIT?

Our CBD Consultant will review your medical records, assess your medical history, and discuss with you your condition and will review our high-quality CBD products with you!

WHAT WILL I NEED FOR MY FIRST APPOINTMENT?

- A valid, unexpired photo identification card
- The identification card must prove that the patient must be over the eighteen (18) years of age. If the patient is under eighteen (18) years old, an authorized caregiver must accompany patient. (see caregiver section)
- Have your patient intake form completed in full. This is located on www.GetReliefCard.org.

IS MY PERSONAL INFORMATION DISCLOSED TO MCC KEPT PRIVATE?

The privacy of our patients is a top priority of ours, so we make sure all patient information is kept confidential in our HIPAA compliant Electronic Medical Records (EMR) system. In order to prevent our patients' medical records from being compromised, MCC has implemented a state-of-the-art cyber-security system.

WILL INSURANCE OR MEDICAID COVER COSTS OF CBD PRODUCTS?

We encourage you to contact your insurance provider or Medicaid official for an answer; however, we are not aware of any insurance providers that cover the costs of medical marijuana at present.

THE SCIENCE BEHIND CANNABIS

WHAT IS CBD?

CBD is a cannabis compound that has significant medical benefits but without the psychoactive effect of THC. People have found CBD to help with inflammation, pain, anxiety, psychosis, seizures, spasms and other conditions.

WHAT IS THC?

THC is one of at least 114 cannabinoids identified in the cannabis plant. THC is the principal psychoactive constituent in cannabis.

WHAT IS THE DIFFERENCE BETWEEN CBD AND THC?

CBD and THC are both cannabinoids present in the cannabis plant. However, their roles are very different. CBD is non-psychoactive and is responsible for the analgesic, anti-inflammatory, and anti-anxiety properties present in cannabis. Alternatively, THC is the cannabinoid in cannabis that creates the feeling of intoxication (or “high”).

CAN YOU EXPLAIN THE SCIENCE BEHIND CANNABIS AND HEMP PLANTS?

When you eat an orange, how much of the orange do you eat? Of course, the juicy part, but what about the peel? The stem from which it hangs? The branch from which it dangles? The tree from which it grows?

Whenever we consume plants, we often target a specific part of the plant for consumption. In the case of cannabis, we most often target the seeds, leaves, and flowers. Seeds can be eaten or turned into oils, flowers can be made into a variety of food products, and cannabis buds can be used for neuropathy and other acute and chronic pain conditions.

But not every part of the plant contains the same chemical profile.

When looking at today's cannabis market, people are most often looking at the terpene and cannabinoid content.

Cannabinoids—while not entirely restricted to production within cannabis—are compounds that interact with our endocannabinoid system (ECS). There are at least 113 known cannabinoids found in the cannabis plants. A cannabinoid is one of a class of diverse chemical compounds that acts on cannabinoid receptors in cells that alter neurotransmitter release in the brain. Cannabinoid receptors are located throughout the body. These cannabinoid receptors are involved in a variety of physiological processes including appetite, pain-sensation, mood and memory. They often mimic our internal cannabinoids: anandamide and 2-arachidonoylglycerol.

WHY ARE CANNABINOIDS SO CRUCIAL TO MEDICAL CANNABIS TREATMENT?

Despite facing decades of negative propaganda and criminalization, the world is pushing ahead on cannabis science. That science has shown us that cannabinoids offer novel therapeutic models where conventional therapies sometimes fail. For example, the opioid crisis has led to the deaths of tens of thousands of Americans every year, according to the CDC. Cannabis may be able to replace some opioid treatments that lead to those deaths.

All cannabinoids, including CBD, produce effects in the body by attaching to certain receptors. The human body produces certain cannabinoids on its own too. The two receptors for cannabinoids are called the CB₁ receptors and CB₂ receptors. These receptors are present throughout the body, but many are in the brain as well. As a matter of fact, there are more than 65 molecular targets of CBD in the body! They receive transmissions signals from cannabinoids found in CBD to produce many beneficial effects on the human molecular pathway, including acting as natural anti-inflammatory. A CBD rich product with little THC can convey therapeutic benefits without having a euphoric or dysphoric effect. Meaning you're not going to feel high. In fact, this helps those who are on a combined CBD/THC regimen but don't want to experience the "high" effect, as CBD dilutes the strength, but lengthens the duration of THC when combined, making it appealing to an even larger patient population. Using Whole Plant or Full Spectrum based oils and products help ensure you are getting all this powerful plant can produce.

WHAT ARE TERPENES AND THEIR IMPORTANCE?

Terpenes are, in a sense, the essential oils of the plant, providing delicious flavor profiles, aromatic qualities, and therapeutic effects. Terpenes aren't just present in the Cannabis plant, either. They are present in many other plants worldwide. Some terpenes taste and smell like citrus, while others may give off an earthy scent or flavor. Perhaps you have heard that Lavender can help calm anxiety, or relieve insomnia. This is largely attributed to the terpenes present in the Lavender plant. Some common terpenes include Myrcene, Linalool, Limonene, and Pinene. The Cannabis plant contains a combination of many different terpenes, THC, CBD, and other cannabinoids. Together, these different parts work to bring the consumer a greater sense of well-being than when used independently of each other.

HOW DO I DECIDE WHAT PRODUCT AND METHOD OF INGESTION IS BEST FOR ME?

Education is key. We can help refer you to a trusted medical approved dispensary who will help with advice on specific dosing questions. Oftentimes, it is a trial and error process. If you are seeking help with CBD specific products, our Patient Care Representative through a consultation can discuss the ingestion methods and basic risks and benefits of using CBD oil, buccal strips, vape pen, suppositories or cream.

CBD AND MISSOURI LAW

EMPLOYER

CAN MY EMPLOYER STILL DRUG TEST ME FOR MARIJUANA IF I AM A REGISTERED PATIENT?

Yes, they can. Missouri does not provide protection to medical marijuana patients from employee drug testing. It will be left to the discretion of each employer whether they wish to recognize an employee's medical marijuana approval as an exemption to company drug testing policies. However, employers are prohibited from discriminating against an individual in hiring, termination, or any term or condition of employment based on an individual's past or present status as a caregiver or a qualifying patient. Certain "safety sensitive" positions are exempted from this protection which includes professions that require carrying a firearm, performing life-threatening procedures, working with hazardous or flammable materials and others listed in Missouri Act 593.

Full Spectrum CBD products can contain no more than 0.3% THC as allowed per Missouri state regulations. Because of this, some drug tests may test or show positive findings for THC. If this is a concern, we are happy to explore CBD Isolate products, which contain no THC, with you.

WILL I FAIL A DRUG TEST IF I USE CBD PRODUCTS?

A consumer who uses a high-quality, scientifically vetted hemp-based product at the standard serving size is highly unlikely to test positive for THC and/or THC-COOH**. However, it's important to note that extremely high doses may result in a positive urine screen and that genetic differences in the CYP450 enzyme system may cause variation in results.

Ultimately, consumers need to be fully informed of the specific regulations proposed by their employers and adjust their consumption of cannabinoid products accordingly.

WHAT'S NEXT?

I STILL HAVE QUESTIONS AND WOULD LOVE TO MEET WITH MCC. WHAT SHOULD I DO NEXT?

Give us a call at [314.624.5482](tel:314.624.5482), email us also at Info@GetReliefCard.org or message us on [Facebook](#). If we miss you, MCC staff will respond within one business day!



The Midwest's Premier Cannabis Authorization Provider

Midwest Cannabinoid Clinics

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